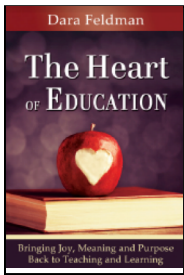




Dara Feldman
Author | Speaker | Educator | Coach



Bringing Joy, Meaning and Purpose Back To
Teaching and Learning



It's time for educators to take back our schools and classrooms and bring the passion and promise back into education! Disney's Outstanding Elementary Teacher of the Year and inspiring speaker Dara Feldman offers powerful strategies for bringing joy, meaning and purpose *back* to teaching and learning. Her new book *The Heart of Education* offers a passionate and practical road map for teachers to create more engaging, caring and high performing learning environments. As a result, students are empowered to thrive, and the positive impact goes far beyond the classroom to transform their lives at home and throughout their communities!

Students come into your classroom every day. You see the sparks of self-esteem, desire for knowledge, and good character waiting to be lit, but you can't find a way past the walls they've put up and the demands of the high stakes testing that has taken its toll on everyone. As educators, we ache to reach these children, to teach them not just basic content but a love of learning, a desire to achieve and the keys to a fulfilling life. This book gives you the tools to light that spark in your students' lives and empower them reach their highest potential.

In her book Feldman discusses:

- How educators can balance academic rigor & accountability with supporting needs of the Whole Child.
- How we can use language to build trust & increase hope, engagement, & well-being.
- Recognize Teachable Moments to develop an individual's inherent strengths, abilities and authentic self-esteem.
- How virtues based boundaries & restorative justice can create safer schools & end the school to prison pipeline by promoting self-discipline, personal responsibility & integrity.
- How to listen with compassionate curiosity to empower others to find clarity & create their own solutions.
- How to increase joy, meaning and purpose through the arts, service learning & by creating a culture of mutual respect & appreciation.

The Heart of Education is designed to help you create an environment where students learn to be smart and choose to be good. With reflection questions at the end of each chapter and easy to implement strategies throughout, this is the perfect resource for book clubs. It is not an add-on curriculum. It is a language and a lens that can be easily integrated into all aspects of a school and community to create a culture of character. It is personal, professional and organizational development all rolled into one, powerful tools you can use at home and at school.

At a time when teacher morale is at an all-time low, *The Heart of Education* offers a fresh approach to show both teachers and students that they have value and are valued.

Ted Leonis, owner of the Washington Capitals, Wizards & Mystics, and author of *The Business of Happiness* said, "Dara's love and knowledge of education extends well beyond the classroom and into our daily lives. *The Heart of Education* is an uplifting, passionate roadmap with strategies applicable in the classroom, in the workplace and at home."

A National Board Certified Teacher, Dara has spent over 30 years in education as a classroom teacher, instructional technology specialist, character development coach, motivational speaker and workshop facilitator. She is part of ASCD's Faculty, an 11 Principles Trainer for Character.org, a Restorative Practices and Virtues Project Master Facilitator and one of Jack Canfield's Success Principles Trainers. She is one of 10 teachers featured in the book, *One on One with America's Most Inspiring Teachers*.

Connect with Dara to schedule a keynote, workshop or retreat for staff, students and/or families and how to order books signed for your staff. dara@virtuesmatter.org ~ www.virtuesmatter.org ~ 301.529.1302 in MD